

**Win! \$25.00**  
in CASH!

Find the **Coffee News**® guy hidden in five of the ads!  
Actual Size → (sorry, this one doesn't count)

Enter online at [www.CoffeeNewsDesMoines.com](http://www.CoffeeNewsDesMoines.com)

Provide: Name, Phone Number, Address, E-mail, Age.  
Where did you pick up **Coffee News**?  
What ads did you find the guy in?

One winner will be drawn **Weekly**.  
Your information will NOT be shared or sold to anyone.

» This Weeks Winner: Amanda Thompson Marie of Urbandale, IA

**FREE!** **Coffee News**®  
"News to be enjoyed over Coffee"

**Indianola Edition**  
**(515) 975-0054**

www.CoffeeNewsDesMoines.com  
Gil@CoffeeNewsDesMoines.com

Volume 4:53 August 3, 2020

**Finders Fee Available... Call Gil!**

**Have a Happy Hot Summer Des Moines!**

Call Gil For Advertising  
515-975-0054  
[www.CoffeeNewsDesMoines.com](http://www.CoffeeNewsDesMoines.com)  
Gil@CoffeeNewsDesMoines.com

**PAINTER AJ Painting**

INTERIOR • EXTERIOR  
RESIDENTIAL • COMMERCIAL  
HOLE PATCHING • SIDINGS FENCING  
PAINTED & STAINED

FREE Estimates  
Licensed & Insured  
10 Years Experience

Affordable Painter!  
15% OFF on 2nd coats

Joe: 515-202-5936  
Sonny: 515-918-7464  
jdesantiago1@yahoo.com  
Serving the Des Moines & Central Iowa Areas

**Wow!**  
**We Are Now Digital!**

[www.coffeenewsdesmoines.com](http://www.coffeenewsdesmoines.com)  
[www.coffeenewsdesmoines.com](http://www.coffeenewsdesmoines.com)  
[www.coffeenewsdesmoines.com](http://www.coffeenewsdesmoines.com)

**ASPHALT Hill Bros**  
ASPHALT & CONSTRUCTION CORP

Parking Lots • Driveways  
Curb Work  
Seal Coating & Overlays

FREE ESTIMATES!  
DES MOINES, IA • LOCALLY OWNED

515-266-2954  
[www.hillsbrothersasphalt.com](http://www.hillsbrothersasphalt.com)

**COMMERCIAL ROOFING**  
**NEED A NEW ROOF FOR YOUR BUSINESS?**

**Academy Roofing**  
& SHEET METAL CO.  
Commercial Roofing Company

Locally Owned & Operated  
We Are The Best!

515-964-2345  
6361 N.E. 14th St.  
Des Moines, IA

[www.academyroofing.com](http://www.academyroofing.com)

**PET SUPPLY** Since 1975  
**Aqualand Pets Plus**

Tropical Fish - Our Specialty  
Amphibians • Frogs • Birds • Animals

Michael Jensen, Owner  
515-283-0300  
3600 6th Ave., (Corner of 6th & Euclid)  
Des Moines, IA 50313  
[www.aqualandpetsplus.net](http://www.aqualandpetsplus.net)

**COLLECTAMANIA**  
FLEA MARKET • ANTIQUES • CONSIGNMENT  
AUCTION OUTLET OF IOWA

515-261-4550  
3200 Delaware  
Des Moines, IA  
[www.collectamaniaia.com](http://www.collectamaniaia.com)  
Tues-Sun: 10am-7pm  
[www.facebook.com/pages/Collectamania](http://www.facebook.com/pages/Collectamania)

515-283-2709  
[www.auctionzip.com](http://www.auctionzip.com)

**WE EQUIP SUCCESS**

At Sunbelt Rentals, we offer a highly-diversified range of equipment and tools to help contractors and homeowners get the job done.

**SUNBELT RENTALS**

2021 NE Broadway Avenue | Des Moines, IA 50313 | 515-318-6413 | [SUNBELTRENTALS.COM](http://SUNBELTRENTALS.COM)

**Everybody's Talking!**

**Damaged merchandise:** If parents plan to go to a dealership to shop for a new car, it's best to find a babysitter for their small child. A couple from Guilin, Guangxi Region, China, learned this the hard way. The couple, accompanying a friend, were talking to salespeople and gawking at the luxurious new cars in the showroom. Left to her own devices, their child decided to doodle on a number of the new cars, using a stone to scratch designs into the paint. The little girl's creative streak led to her father being sued by the dealership for damages.

**Black and white:** Who knew that a few drops of ink mixed with a bit of water could result in beautiful works of art? Well, perhaps it's not as easy as that, but French artist David Bayo has figured it out. Using this medium, he creates subtle paintings of his subjects, including animals and people. Bayo has tried different ways to make art, and his experimentation led him to an ability to understand how ink and water work together. The paintings he creates, which are often black and white, are distinctive and understated representations of the subject at hand.

**Two names:** In Tamaulipas, Mexico, a pet cat has two owners who did not know about each other until recently. Mary Lore Barra calls the cat "Pixi," and she was accustomed to her pet being away for a few days at a time, presumably on the prowl. Then one day Pixi came home with a new collar. Barra put a note under the collar identifying the cat as Pixi and herself as Pixi's owner. Soon Pixi came home with a note from another family, who call the cat "Huarache." Luckily, the two owners think it's a funny situation, and they continue to share Pixi/Huarache.

**ATM captive:** A contractor in Corpus Christi, Texas (U.S.), was just trying to do his job. He was fixing a lock in the automatic teller machine (ATM) room when he locked himself in. The man had left his cell phone in his vehicle, so he couldn't call for assistance. Instead, he wrote notes asking for help and fed them through the receipt slot of the ATM. People using the machine thought the notes were a joke. But finally, one person took it seriously and called police, who broke down the door and got him out.

**Quoteable Quotes**

"Manifest plainness, Embrace simplicity, Reduce selfishness, Have few desires."  
—Lao-tzu

"I got myself a start by giving myself a start."  
—Madame C.J. Walker

**What's Happening**

**COFFEE SHOP** Your Home Town  
**Coffee Shop**

**UNCOMMON GROUNDS Coffee House**

(515) 961-9681  
111 W Salem Ave.  
Indianola, IA 50125  
7:00 AM - 3:00 PM

[www.uncommongroundsia.com](http://www.uncommongroundsia.com)

**Trivia**

1. The sport of basketball was invented in 1891, 1909, or 1923?
2. What does it mean if you are "under the weather"?
3. Which desert is said to be the hottest on Earth?
4. What type of apparel are Doc Martins?
5. Where is Tel Aviv?

(Flip bottom of page for answers)  
© Published with Permission by **Coffee News**® of Des Moines  
(Over)

**SPICES & EXTRACTS**

**WATKINS**  
Since 1868 TRADE MARK

Carol is a Fantastic Consultant!!

CAROL ANN DAVIS  
WATKINS INDEPENDENT CONSULTANT  
515-318-9774  
[WWW.WATKINS1868.COM](http://WWW.WATKINS1868.COM)

**GUTTER**

seamless gutters  
5" or 6" gutter guard  
leaf relief repairs  
screenovers  
windows  
decks  
fascia  
soffit  
roofing  
covers

Locally Owned And Operated  
**Harold**  
515-217-1304  
Call today for free estimate  
Experienced and Dependable

We Guarantee Our Work!

It's EASY to Stay WARM & Cool with

SAVE UP TO 50% ON YOUR UTILITY BILLS!

THE BEST INSULATION  
**RETROFOAM**  
FOR EXISTING HOMES.

NO HOLES OR PLUGS IN YOUR EXISTING SIDING

BRICK • VINYL • WOOD • ALUMINUM • BLOCK • ATTICS

WATERLOO • MARION • DES MOINES • DUBUQUE • FORT DODGE

**877-791-FOAM**  
NO OBLIGATION FREE CONSULTATION  
WATCH OUR SHORT INSTALLATION VIDEO AT [www.RetroFoamIA.com](http://www.RetroFoamIA.com)

**MONUMENTS** AFFORDABLE BEAUTIFUL MONUMENTS

**Watts Vault & Monument Co.**

Let us help you design a beautiful tribute for yourself or a loved one.

In Business Since 1957

Bring Ad In For A Special Discount Starting At 5%

Des Moines: 4920 Hubbell Ave. 515-261-0825  
Montezuma: 406 North Front Street 641-623-2158  
IOWA CITY: 4165 Nagles Ave. SW, Suite 1 P: 1.319.337.4136

Need A MONUMENT call us or stop by or visit [www.wattsvault.com](http://www.wattsvault.com)

**MECHANICAL SERVICES**

- Plumbing
- HVAC
- Mechanical

**PHIPPS MECHANICAL**

515-689-7926  
Indianola, IA 50125  
[Ryan@PhippsMechanical.com](mailto:Ryan@PhippsMechanical.com)  
[www.facebook.com/Phipps-mechanical](http://www.facebook.com/Phipps-mechanical)

Locally Owned & Operated

**FABRIC & CRAFT** **Fabrics & Fun**

fabrics FUN

Come in for your sewing and crafting needs or sign up for a FUN CLASS!

10% OFF\*  
Tues - Thurs: 10am - 5pm  
Fri - Sat: 10am - 6pm  
Sun: 11am - 4pm  
Closed Mon

With This Ad Only  
\*Some exclusions apply

515-967-4923  
550 36th Avenue SW  
Suite K, Altoona, IA  
[fabricsnfun.com](http://fabricsnfun.com)  
[www.facebook.com/FabricsnFun](http://www.facebook.com/FabricsnFun)

**TREE CARE** **CRO OUTDOOR SERVICES**  
INFINITE POSSIBILITIES

- Professional Arborist
- Tree Trimming
- Tree Removal
- Clean-up

**BOJAN DJUKIC**  
515-240-9881  
[croodsia@gmail.com](mailto:croodsia@gmail.com)  
[www.facebook.com/CroOutdoor](http://www.facebook.com/CroOutdoor)

Use These Companies!!!

Thank You from Coffee News!

Call Or Stop By These Advertisers And Do Business!

## Rent This Space

(Very Affordable & Effective Advertising)

Call 515-975-0054

### HYDROPONIC MICROGREENS

**RAY FAMILY FARMS**  
FRESH + LOCAL + DELICIOUS



Free local delivery • non-gmo • grown organically  
515-360-4251

Des Moines, IA  
Rayfamilyfarmsia@gmail.com  
Rayfamilyfarmsia.com

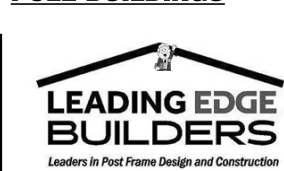


### ADVENTURE IS WORTHWHILE



ALASKA ON AN ESCORTED CRUISETOUR  
JUNE 2021  
INFO@2FRIENDSTRAVEL.COM  
TONYA (515)305-0020 OR  
ABBY (515)448-8080

### POLE BUILDINGS



Leaders in Post Frame Design & Construction

Bob Watts • Sales  
H: 515-988-0935  
C: 515-822-3038  
800-622-8324  
bobldg@msn.com

Home Office & Fabrication  
2356 Hwy. 23 S.  
Oskaloosa, IA  
www.tlebia.com

### THIS SPOT AVAILABLE!!



Call

515-975-0054

# Your Weekly Horoscopes

For entertainment purposes only.

## ARIES

(March 21 - April 20)



A new business venture may really appeal to you now. In order to be sure, you might need to look past the pretty dressing and research the nuts and bolts of the operation. Lucky numbers: 5, 18, 29, 31, 36, 48.

## TAURUS

(April 21 - May 21)



Sales, teaching, public speaking, or any endeavor that involves giving information to others may be favored now. You might be clear, articulate, and communicative at this time. Lucky numbers: 15, 19, 20, 25, 28, 31.

## GEMINI

(May 22 - June 21)



Your complete change in focus may prove that you did, in fact, learn an important lesson. Your attitude of teamwork might help accomplish the tasks you require. Lucky numbers: 10, 18, 22, 35, 47, 49.

## CANCER

(June 22 - July 22)



You may change the current atmosphere by putting a positive spin on everything you say and do. You might need to give yourself a little more personal time and freedom. Lucky numbers: 12, 24, 26, 29, 36, 43.

## LEO

(July 23 - Aug. 23)



The fine details may have to change a bit, but your plan might still be good. You may need to empower others to look past the immediate and find a better way for everyone. Lucky numbers: 3, 19, 23, 32, 34, 42.

## VIRGO

(Aug. 24 - Sept. 23)



You may feel like you have been working far too hard. You might need to find ways to change your old routine. Take the time to smell the flowers and enjoy small pleasures. Lucky numbers: 10, 14, 24, 31, 37, 44.

## LIBRA

(Sept. 24 - Oct. 23)



Creative conversations may lead to a better understanding of others. Try not to let yourself get lost in your own world. Allow others to enjoy your special interests. Lucky numbers: 4, 18, 22, 35, 47, 49.

## SCORPIO

(Oct. 24 - Nov. 22)



Casual meetings or get-togethers may put you on an exciting new journey. Let go of what others expect of you, and let your dreams lead you into the future. Lucky numbers: 1, 5, 12, 15, 20, 25.

## SAGITTARIUS

(Nov. 23 - Dec. 21)



Forgetting the past may be hard, but you finally may be feeling good vibrations all around you. Celebrate your good fortune with those who really matter to you. Lucky numbers: 2, 21, 29, 39, 45, 47.

## CAPRICORN

(Dec. 22 - Jan. 20)



Your compassion towards the predicaments of others could help you win them over. You cannot please everyone, but you can be very flexible to what others require. Lucky numbers: 3, 13, 19, 24, 32, 44.

## AQUARIUS

(Jan. 21 - Feb. 19)



You may need to find new outlets for your physical and mental health. You may need to break away from all the seriousness and allow your silliness to take over. Lucky numbers: 17, 18, 22, 35, 42, 47.

## PISCES

(Feb. 20 - March 20)



Traveling to a different place may help you learn more within your field. Your interest in places faraway might become your favorite subject of conversation. Lucky numbers: 4, 14, 18, 20, 22, 34.

Lucky numbers this week: This week's odds favor Libra winners with the luckiest number being 18.

## Did You Know...

**Good for you:** Oregano oil comes from the oregano plant, which is part of the mint family. Thought to have medicinal properties, it contains carvacrol, an antioxidant.

**Different colors:** The national flag of India consists of three parallel bars. The top bar is saffron, the middle is white, and the bottom is green. In the center of the white bar is a blue wheel called the Ashok Chakra.

**Stone house:** It's well known that the president of the United States lives in the White House. But people may not know that the prime minister of Canada lives at 24 Sussex Drive in the country's capital of Ottawa, Ontario.

**Using initials:** D.C. Fontana (1939-2019) was a writer and editor who contributed to the 1960s TV show, *Star Trek*. The "D.C." stands for Dorothy Catherine, but she used her initials because, at the time, the industry was male dominated.

**Noise pollution:** Certain noises can be irritating, but for someone with misophonia, everyday sounds like whistling or soup slurping can cause a seemingly unreasonable response. People with these sensitivities may get angry or anxious, or even panicky.

## On the Lighter Side

Matt: "Why did you quit your job at the toll booth?"  
Pat: "Because my mother always told me not to take money from strangers."

Everyone has a photographic memory. Some people are just out of film.

What has one head, one foot, and four legs? A bed.

Why do birds fly south for the winter? Because it's too far to walk.

A lot of people cry when they cut an onion. The trick is not to form an emotional bond.

## Answers

Trivia answers: 1. 1891 2. You are ill. 3. The Sahara Desert 4. Footwear 5. Israel

For available franchise opportunities - visit [www.coffeenewsfranchise.com](http://www.coffeenewsfranchise.com)

© Published with Permission by Coffee News® of Des Moines (Over)

Affordable\* Exclusive\* Effective Advertising!



## Regency

Care Center and Assisted Living  
by MGM Healthcare

Assisted Living-Skilled Care-Long Term Care

The step between Hospital and Home...Successfully!

Call: 515-974-9675

### INSURANCE



Medicare  
-SUPPLEMENT  
Health  
Life  
Nursing Home  
Cancer  
Dental  
Prescription Drug



515.710.4151

Kathy@AllAboutAPlan.com

www.AllAboutAPlan.com

6911 Vista Drive

West Des Moines, IA 50266

IA & NE Lic. #8592159

CO Lic. #530854

Kathleen Smith

Licensed Independent Insurance Agent

### PRINTING



Screenprinting and Graphics

CREATIVE EXPRESSION IN INK!



20% OFF

First Time Customers

USE CODE: COFFEEA

515-448-7065

PO Box 676, Ankeny, IA

slickink2019@gmail.com

www.slick4print.com



BE A HERO  
IN YOUR COMMUNITY

We have bonuses up to \$20,000



SSG Luke Hird

IA-ARNG

515-444-9102

luke.hird.mil@mail.mil

www.iowanationalguard.com

### DAYCARE

Playful Penguin's



Home Daycare

- State Certified
- CPR, First Aid Certified
- 24hour Inhome Daycare
- 6 Weeks To 12 Years
- Private Pay And State Pay Family

Visit Us on Facebook

515-494-6242

cylias21@icloud.com

### FOR SALE



515-681-6310

LARRY HUGHES BROKER

### Lake Shore Estates

3 mile West of Cummings

3088 120th Street

17 Lots, 9 Available, 3-10 Acres

\$160,000

Your Builder or Ours

Call Today: 515-681-6310

The Iowa Gold Star Military Museum's mission is to honor and depict the military experience of Iowa citizens in all wars, homeland defense and Iowa service.

### MILITARY MUSEUM



Tues-Sat: 10am - 2pm  
Tues & Thurs: Reservation Only  
Wed: Seniors Only (60+)  
Fri & Sat: Walk - Ins  
CLOSED Sun & Mon

The Iowa Gold Star Military Museum

515-252-4531

7105 NW 70th Ave., Johnston, Ia.

www.goldstarmuseum.iowa.gov



515-554-9105

1710 Guthrie ave suite S

Des Moines Iowa 50316

Boltencarpets@gmail.com

www.centraliowaflooring.net

Mohawk Carpet

as low as .79c a sq ft.

Luxury Vinyl Plank as

low as .99c a sq ft.

Locally owned & operated.

## NANCYITANI ART

Pet Portraits

4x6 Pet Portrait  
w/ Black Frame  
Hand Painted

\$45



10% OFF  
With This Ad Only  
Additional \$5 for shipping  
& handling. Provide name/  
address in text.)



Text 3 Pet Photos & Your Name to 515-991-1197

nancyitani@yahoo.com

Thank You from Coffee News!

Use These Companies!!!