

Rent This Space

Call Gil For Advertising
515-975-0054
www.CoffeeNewsDesMoines.com
Gil@CoffeeNewsDesMoines.com

PRINTING **Slick Ink**
Screenprinting and Graphics
CREATIVE EXPRESSION IN INK!

20% OFF
First Time Customers
USE CODE: COFFEE4

515-448-7065
PO Box 676, Ankeny, IA
slickink2019@gmail.com
www.slick4print.com

INSURANCE "Putting the SURE in Insurance"

Always, we appreciate your continued business and trust in our Agency!

Brooks-Lussem CLEM INSURANCE SERVICES

515-868-1285
motto@myiowaagent.com
BLC Insurance
10546 Justin Drive
Urbandale, IA 50322

May Otto
Independent Insurance Agent

The highest compliment we can receive is the referral of your Friends and Family.
www.facebook.com/may.otto.independentinsuranceagent

SPICES & EXTRACTS

WATKINS
Since 1868 TRADE MARK

Carol is a Fantastic Consultant!!

CAROL ANN DAVIS
WATKINS INDEPENDENT CONSULTANT
515-318-9774

PEARCE PAVING

- Seal Coating
- Parking Lots
- Driveways
- Streets
- Maintenance
- Design/Remodel/Repair

515-707-0059
855-573-2723

2815 100TH St. Urbandale, IA

BE A HERO IN YOUR COMMUNITY

ARMY NATIONAL GUARD

We have bonuses up to \$20,000

SSG Luke Hird
IA-ARNG
515-444-9102
luke.hird.mil@mail.mil
www.iowanationalguard.com

The Iowa Gold Star Military Museum's mission is to honor and depict the military experience of Iowa citizens in all wars, homeland defense and Iowa service.

MILITARY MUSEUM

Tues-Sat: 10am - 2pm
Tues & Thurs: Reservation Only
Wed: Seniors Only (60+)
Fri & Sat: Walk - Ins
CLOSED Sun & Mon

515-252-4531
7105 NW 70th Ave., Johnston, Ia.
www.goldstarmuseum.iowa.gov

GOLD DOME BUILDINGS

2714 2nd Ave. Des Moines IA
515-243-8554
golddomebuild@yahoo.com
golddomebuildiowa.com

Locally owned Since 1992
Mon-Fri: 8am-5pm

Built In Your Yard
LP Siding & Flooring
Free Estimates
Customized Designs Available
Farm Buildings
Rent-to-Own Program Through BLI
Rentals With No Credit Checks

FREE! **Coffee News**[®]
"News to be enjoyed over Coffee"

Clive Windsor Heights Edition
(515) 975-0054

www.CoffeeNewsDesMoines.com
Gil@CoffeeNewsDesMoines.com

Volume 5:52 September 21, 2020

Everybody's Talking!

Savory cakes: When people eat cake, it's usually a sweet treat that incorporates such flavors as chocolate and vanilla. That's not the case with the creations at Tot Aw, a bakery in Jakarta, Indonesia. Short for "totally awesome," Tot Aw's bakers make cakes out of instant noodles. They press the cooked noodles into round forms and stack them into tiers. Each tier then gets "iced" with savory, rather than sweet, toppings, such as meatballs or curry chicken stew. These noodle cakes have become very popular, with people ordering them for birthdays and weddings.

Returned to owner: When Kim Fauth-Newberry donated her late grandfather's footstool to charity, she had no idea she was also giving away over \$43,000 (USD). From Owosso, Michigan (U.S.), Fauth-Newberry wanted to give away her grandfather's furniture to people who might need it. Luckily for her, an honest man named Howard Kirby became the owner of the stool. When a family member unzipped the stool's cushion and found money inside, Kirby knew just what to do. He took it back to the second-hand store. The store found Fauth-Newberry, and he gave the money back to her.

Stretchy outfit: Clothing makers use a variety of materials to make fashionable outfits, such as wool, cotton, rayon, linen, and silk, but rubber bands? Those weren't a very common clothing material until Rie Sakamoto of Tokyo, Japan, tried them. An art student at Tama Art University, the creative clothing designer decided to see what she could make by knitting rubber bands together. Her endeavor was successful; she made dresses, jackets, and scarves. Intrigued by its qualities, including flexibility and texture, her goal was to find new uses for this ubiquitous office staple.

Fake kidnapping: A man from a town called Pitalito, in south western Colombia, didn't really want to get married. A few days before the nuptials, he confessed to his close friends that he wished he could get out of the commitment. They suggested a fake kidnapping. The groom went into hiding, and his friends called police saying they had seen him being abducted by a group of men. The police took the news very seriously and brought in the army. The groom's friends realized their error and confessed what they had done. They are likely to be charged and given jail time for their prank.

Quoteable Quotes

"Television has proven that people will look at anything, rather than each other."
—Ann Landers

"...a garden dies quickly without a loving gardener to keep it alive."
—May Sarton

What's Happening

TRUCK COVERS All Brands Of Pickup Truck Tonnaua Covers!

We Ship Worldwide! **UPS**

515-422-6032
Ankeny, IA 50023
Email: jonclaydsr@gmail.com
www.4covers.com
Mon - Fri: 9:00 AM - 4:30 PM

HOME OF THE WOODEN NICKEL

5% Discount With This Ad!

Trivia

1. Is starboard on the right or left side of a ship?
2. What mineral is mined in sheets?
3. The primary ingredient in Arroz con pollo is beef, pork, or chicken?
4. What is El Niño?
5. Which artist painted the Mona Lisa?

(Flip bottom of page for answers)
© Published with Permission by Coffee News[®] of Des Moines (Over)

Finders Fee Available... Call Gil!

Coffee News[®] Advertisers...

...Want to thank you for your business.
SHOP LOCAL!

FABRIC & CRAFT Fabrics & Fun

Come in for your sewing and crafting needs or sign up for a FUN CLASS!

Tues - Thurs: 10am - 5pm
Fri - Sat: 10am - 6pm
Sun: 11am - 4pm
Closed Mon

10% OFF*
With This Ad Only
*Some exclusions apply

515-967-4923
550 36th Avenue SW
Suite K, Altoona, IA
fabricsnfun.com
www.facebook.com/FabricsnFun

Natural Hormone Therapy

Lack of sex drive
Hot flashes
Loss of energy
ED

Hair Loss
Fatigue
Joint/Body Pain

Advanced Weight Loss

Personalized ADHD weight loss**
Reduces hunger pangs**
Reverses energy**

Improves mood**
Preserves muscle integrity**
Increases metabolism**

"FREE Consult"

New Leaf Aesthetic Services

Botox
Juvéderm
Plasma Pen
Dermablading
& More

3930 Westown Pkwy Suite A
West Des Moines, IA 50266

515-612-7461
www.newleafcenters.com

CUMMINGS MOBILITY

BraunAbility

- WHEELCHAIR ACCESSIBLE VEHICLES
- SCOOTER LIFTS
- TRANSFER SEATS
- HAND CONTROLS
- WHEELCHAIR VAN RENTALS

515-207-3555
2157 NE 58th Ave.
Des Moines, IA 50313
Check out our inventory online
www.cummingsmobility.com

WE EQUIP SUCCESS

At Sunbelt Rentals, we offer a highly-diversified range of equipment and tools to help contractors and homeowners get the job done.

SUNBELT RENTALS

2021 NE Broadway Avenue | Des Moines, IA 50313 | 515-318-6413 | SUNBELTRENTALS.COM

FLOORING \$\$\$ SAVE \$\$\$

Best Prices in Flooring

Carpet • Vinyl • Installation • Repairs

15% OFF 39 Years Experience
With This Ad Only

Keith Hanke
Call: 515-745-9571
Des Moines, IA

POLE BUILDINGS

LEADING EDGE BUILDERS
Leaders in Post Frame Design and Construction

Leaders in Post Frame Design & Construction

2356 Hwy. 23 S.
Oskaloosa, IA
www.tlebia.com

Bob Watts • Sales
H: 515-988-0935
C: 515-822-3038
800-622-8324
bobldg@msn.com

RESIDENTIAL COMMERCIAL

Call for Service 24/7!
Service Line: 515.266.9900
Fax: 515.266.0591
Office: 515.266.5200

www.ResourceServices.us

- Heating • Boilers
- Cooling • Controls
- Plumbing

Use These Companies!!!

Call Or Stop By These Advertisers And Do Business!

It's EASY to Stay WARM & Cool with

SAVE UP TO 50% ON YOUR UTILITY BILLS!

THE BEST INSULATION FOR EXISTING HOMES

RETROFOAM

NO HOLES OR PLUGS IN YOUR EXISTING SIDING

BRICK • VINYL • WOOD • ALUMINUM • BLOCK • ATTIC

WATERLOO • MARION • DES MOINES • DUBUQUE • FORT DODGE

877-791-FOAM

NO OBLIGATION FREE CONSULTATION

WATCH OUR SHORT INSTALLATION VIDEO AT www.RetrofoamIA.com

PAINTER **AJ Painting**

INTERIOR • EXTERIOR RESIDENTIAL • COMMERCIAL

HOLE PATCHING • SIDINGS FENCING PAINTED & STAINED

Joe: 515-202-5936
Sonny: 515-918-7464
jdesantiago1@yahoo.com

Serving the Des Moines & Central Iowa Areas

FREE Estimates Licensed & Insured 10 Years Experience

Affordable Painter!

15% OFF on 2nd coats

Crisis Intervention & Advocacy Center

Empowered • Safe • Respected • Free Believed • Independent • Strong Successful • Valued • Yourself

Crisis Intervention & Advocacy Center is great place for Employment!! Please send your cover letter and resume to Johna@cica91.org Johna Sullivan, Executive Director.

www.facebook.com/supportingsurvivors

24 Hour Crisis Lines

Domestic Abuse Survivors 1-800-400-4884
Sexual Abuse Survivors 1-800-550-0004

COLLECTAMANIA

FLEA MARKET • ANTIQUES • CONSIGNMENT

AUCTION OUTLET OF IOWA

515-261-4550
3200 Delaware Des Moines, IA
www.collectamaniaia.com
Tues-Sun: 10am-7pm
www.facebook.com/pages/Collectamania

WEEKLY AUCTIONS EVERY WEDNESDAY AT 3:00 PM

515-233-2709
www.auctionzip.com

Call your local licensed Humana sales agent.

Talk with your local licensed Humana Sales agent today.

515-723-1109 (TTY: 711)
Monday - Friday, 8 a.m. - 5 p.m.

Derek Richards
drichards8@humana.com

Humana

Y0040_GHHHXDFEN18 Accepted

RETIREMENT COMMUNITY

Memory Care
Independent Living
Assisted Living
Nursing & Skilled Care

CALVIN Community

WE'RE A Classic!

A CONTINUING CARE RETIREMENT COMMUNITY

Visit Today! You'll See What Caring Is!

4210 Hickman Road, Des Moines, IA 50310
515-277-6141 • www.calvincommunity.org
Like us on Facebook! www.facebook.com/CalvinCommunity

JENSON ELECTRIC LLC

Our TOP PRIORITY is Customer Satisfaction!

COMMERCIAL • RESIDENTIAL • INDUSTRIAL • COMMUNICATION

515-314-7445 or 515-276-5099

4945 NW 57th Ave., Johnston, IA 50131
www.jensonelectric.com • info@Jensonelectric.com

INDIAN FOOD

Izaza
Indo-Pak Cuisine

\$5.00 Off With Purchase of \$30 Or More Off The Menu (Dine In Only)

Halal Food Dine-In Lunch Buffet: 11am-2:45pm
Gyros • Italian Beef • Philly Steak • Hot Wings
Carryout • Dine-In • Grub Hub & Door Dash

515-381-1121
1409 23rd St. (by Drake) Des Moines Ia. 50311
Mon Closed • Tues-Thurs 11AM-2:45PM AND 5PM-9PM • FRI, SAT, SUN 11AM-9PM

Your Weekly Horoscopes

For entertainment purposes only.

ARIES (March 21 - April 20)



Your tendency to try to control things may not impress others. In order to prove yourself as a team player, try to offer the leadership role to others. Lucky numbers: 15, 19, 20, 25, 28, 31.

TAURUS (April 21 - May 21)



Your positive flow and optimism may greatly affect the attitudes of others. A difficult predicament may be solved if you continue to follow up on your instincts. Lucky numbers: 2, 5, 12, 25, 37, 46.

GEMINI (May 22 - June 21)



You may need to express yourself by communicating your fascination with a new project. Your spiritual connection to a newcomer in your life might become clearer. Lucky numbers: 12, 19, 21, 23, 25, 38.

CANCER (June 22 - July 22)



Open your mind to new ways to live your life. Once you have a plan, you may be able to accomplish much. Be sure to document your research and plans quite well. Lucky numbers: 16, 18, 22, 24, 31, 46.

LEO (July 23 - Aug. 23)



Former employers or colleagues may be able to help you open new career doors. Your creativity might flourish as a result and could give you some newfound energy. Lucky numbers: 11, 18, 22, 35, 47, 49.

VIRGO (Aug. 24 - Sept. 23)



If you are involved in an artistic area, you may find some exciting ideas. Creative inspirations might result from meshing your intuitive talents with your partner's creativity. Lucky numbers: 5, 8, 10, 11, 27, 30.

LIBRA (Sept. 24 - Oct. 23)



You may likely feel more confident and vital right now. People might recognize you and follow your lead, or at least stay out of your way. Lucky numbers: 2, 4, 22, 24, 32, 34.

SCORPIO (Oct. 24 - Nov. 22)



Your domestic plans may not be accepted by all concerned. They might look for fault, but you may understand that they are just looking out for your best interests. Lucky numbers: 5, 11, 18, 23, 45, 46.

SAGITTARIUS (Nov. 23 - Dec. 21)



You may be on the mend from an emotional loss. Take a deep breath and continue your path. Don't allow others to discourage you from reaching your goals. Lucky numbers: 4, 24, 28, 30, 42, 44.

CAPRICORN (Dec. 22 - Jan. 20)



You may feel as if life is passing you by far too quickly. That realization might teach you to appreciate all the little things in life that others may take for granted. Lucky numbers: 2, 6, 12, 26, 32, 46.

AQUARIUS (Jan. 21 - Feb. 19)



Use your powers of persuasion to lead others along your path. Your ability to see past the current situation may ensure that you can find a good solution. Lucky numbers: 15, 23, 26, 37, 44, 48.

PISCES (Feb. 20 - March 20)



Conversations with family and friends might keep you busy. Many may request your undivided attention. Try to give each of them the time that they require for your help. Lucky numbers: 1, 5, 12, 15, 20, 35.

Lucky numbers this week: This week's odds favor Virgo winners with the luckiest number being 5.

Did You Know...

Big bone: A bunion is a bony bump on the joint of the big toe where it meets the foot. Sometimes bunions run in families, and other times they could be caused by ill-fitting footwear.

Capturing the moment: Edgar Degas was a painter and sculptor who was born in Paris, France, in 1834. A realist, he liked to paint real life scenes, such as ballerinas rehearsing.

Eastern European country: Georgia, which is on the east coast of the Black Sea, borders Russia, Armenia, Azerbaijan, and Turkey. A mountainous country, it is known for its steel industry and agricultural products, such as tea and grapes.

Chickpea power: Chickpeas are also referred to as garbanzo beans. Rich in protein, fiber, and iron, they can be used in many recipes, including soups, stews, salads, and spreads, such as hummus.

Prestigious prizes: The Pulitzer Prizes are American awards given to those who excel in journalism, writing, drama, and musical composition. They are named after Joseph Pulitzer, a powerful journalist of the late 1800s.

On the Lighter Side

Teacher: "If you had 16 jellybeans and Pat asked you for 10, how many would you have left?"
Lou: "Sixteen."

What did the left eye say to the right eye? Between you and me, something smells.

Nature abhors a vacuum, but not as much as a cat does.

Hear about the new restaurant called Karma? There's no menu—you get what you deserve.

How many gorillas can fit into a car? Eight.
How many chickens can fit into the car? None, the car is already full of gorillas.

Answers

Trivia answers: 1. Right 2. Mica 3. Chicken 4. Pacific weather event 5. Leonardo da Vinci

For available franchise opportunities - visit www.coffeenewsfranchise.com

© Published with Permission by Coffee News® of Des Moines (Over)

Affordable* Exclusive* Effective Advertising!

NANCYITANI ART

Pet Portraits

4x6 Pet Portrait w/ Black Frame Hand Painted \$45

10% OFF With This Ad Only
Additional \$5 for shipping & handling. Provide name/address in text.)

Text 3 Pet Photos & Your Name to 515-991-1197
nancyitani@yahoo.com

FITNESS SHOWGIRL FIT

A Fun & Creative Way To Get Fit

CLASSES STARTING IN SEPTEMBER!

Angela Martin
515-809-0147
Des Moines & Surrounding Area
Locally Owned & Operated
angela@showgirlfit.com
www.showgirlfit.com

THIS SPACE FOR RENT

515-975-0054

TREE CARE CRO OUTDOOR SERVICES

INFINITE POSSIBILITIES

- Professional Arborist
- Tree Trimming
- Tree Removal
- Clean-up

BOJAN DJUKIC
515-240-9881
croodsia@gmail.com
www.facebook.com/CroOutdoor

Win! \$25.00 in CASH!

Find the Coffee News® guy hidden in five of the ads!

Actual Size → (sorry, this one doesn't count)

Enter online at www.CoffeeNewsDesMoines.com

Provide: Name, Phone Number, Address, E-mail, Age.
Where did you pick up Coffee News?
What ads did you find the guy in?

One winner will be drawn Weekly.
Your information will NOT be shared or sold to anyone.
» This Weeks Winner: Ashley Kennebeck of Des Moines, IA

HEARING AID

ASI AUDIOLOGY & HEARING INSTRUMENTS

Hearing instruments that match your lifestyle and daily listening needs with solid results and discreet style.

West Des Moines - Ankeny - Fort Dodge & 27 more locations!

515-517-2822
www.asiaudiology.com

FREE Hearing Exam!

ICE CREAM Noon to 9pm Every Day

Hickman Soft Serve

Same Great Service. Same Great Flavors.

(515) 277-7963

5814 Hickman Rd, Des Moines, IA
@ Fogarty's Hickman SoftServe

REALTOR Real Knowledge, Real Experience, Real Direction, Real Results

FREE Market Analysis
Find out how much your home is worth!

Angie Standlee, Realtor®
Keller Williams Greater Des Moines
(515) 630-9685
astandlee@kw.com
Licensed in Iowa

kw GREATER DES MOINES KELLER WILLIAMS.
www.astandlee.kw.com

Use These Companies!!!

Thank You from Coffee News!