

## New Coffee News Advertising Rates for a Limited Time

New Coffee News advertising rates for a limited time during this Pandemic to help your company continue to grow and prosper:

**13 Weeks: \$325**  
**26 Weeks: \$550**  
**52 Weeks: \$875**

Call or Email Gil For Advertising  
 515-975-0054  
 Gil@CoffeeNewsDesMoines.com

The Iowa Gold Star Military Museum's mission is to honor and depict the military experience of Iowa citizens in all wars, homeland defense and Iowa service.

### MILITARY MUSEUM



Tues-Sat: 10am - 2pm  
 Tues & Thurs: Reservation Only  
 Wed: Seniors Only (60+)  
 Fri & Sat: Walk - Ins  
 CLOSED Sun & Mon

The Iowa Gold Star Military Museum  
 515-252-4531  
 7105 NW 70th Ave., Johnston, Ia.  
 www.goldstarmuseum.iowa.gov

### PAINTER AJ Painting

INTERIOR • EXTERIOR  
 RESIDENTIAL • COMMERCIAL  
 HOLE PATCHING • SIDINGS FENCING  
 PAINTED & STAINED

Joe: 515-202-5936  
 Sonny: 515-918-7464  
 jdesantiago1@yahoo.com  
 Serving the Des Moines & Central Iowa Areas

FREE Estimates  
 Licensed & Insured  
 10 Years Experience

Affordable Painter!

15% OFF on 2nd coats

### Natural Hormone Therapy

Lack of sex drive  
 Loss of energy  
 Hot Flashes  
 Fatigue  
 Joint/Body Pain



### Advanced Weight Loss

Personalized RAPID weight loss\*\*  
 Reduces hunger pains\*\*  
 Renews energy\*\*

Improves mood\*\*  
 Preserves muscle integrity\*\*  
 Increases metabolism\*\*

“FREE Consult”

### New Leaf Aesthetic Services

3930 Westown Pkwy Suite A  
 West Des Moines, IA 50266  
 515-612-7461  
 www.newleafcenters.com

### INSURANCE

Medicare  
 Health  
 Life  
 Annuities  
 Nursing Home Plans  
 Advantage  
 Supplement Plans  
 Cancer  
 Dental  
 Prescription Drug



515.710.4151

Kathy@AllAboutAPlan.com

www.AllAboutAPlan.com

6911 Vista Drive

West Des Moines, IA 50266

IA & NE Lic. #8592159

CO Lic. #530854

Kathleen Smith  
 Licensed Independent Insurance Agent

FOR SALE  
**Black GOLD Realty**  
 515-681-6310  
 LARRY HUGHES BROKER

Lake Shore Estates  
 3 mile West of Cummings  
 3088 120th Street

17 Lots, 9 Available, 3-10 Acres  
**\$160,000**

Your Builder or Ours  
 Call Today: 515-681-6310

Our TOP PRIORITY is Customer Satisfaction!

- Commercial
- Residential
- Industrial
- Communication



SCAN THIS

515-314-7445 or 515-276-5099

4945 NW 57th Ave., Johnston, IA 50131  
 www.jensonelectric.com • info@jensonelectric.com

Thank You from Coffee News!

# FREE! Coffee News®

"News to be enjoyed over Coffee"



Johnston Edition

(515) 975-0054

www.CoffeeNewsDesMoines.com Volume 10:12 November 30, 2020  
 Gil@CoffeeNewsDesMoines.com

## Everybody's Talking!

**Spider-Man hero:** An Indonesian man discovered that a Spider-Man costume can attract a lot of positive attention. Rudi Hartono, of Parepare, South Sulawesi, was concerned about all the litter in the streets, and he took it upon himself to go on clean-up missions. However, no one else followed his example until he dressed as Spider-Man. He had purchased the costume to amuse his nephew, but decided to wear it while picking up garbage. People took notice and started joining him in his endeavor. Since then, he has become a bit of a superhero in his community.

**Ball catcher:** Many dogs like to play catch, but one Labrador retriever, named Finley, can't get enough of it. Finley lives in Canandaigua, New York (U.S.), with his human family, the Molloys. He has fine-tuned his catching skills to the point that he can fit six tennis balls in his mouth without help from his human playmates. When he was two years old, he could pick up four balls; eventually he graduated to five, and then to six. Finley looks a bit odd with all those balls in his mouth, but his family is convinced he is proud of his unusual talent.

**Birds of a feather:** An artist from Bogotá, Colombia, wanted to learn about nature, so she started by observing and studying various species of birds. This led Diana Beltran Herrera to the art of making beautiful and precise life-size sculptures of birds from basic materials, such as paper and wire. She creates a form for the bird and then cuts and glues paper feathers to the form. She paints each creation so that it looks real. Her work includes pelicans, roosters, parrots, sparrows, and many more. Over time, Herrera has managed to create sculptures representing over 100 bird species.

**Key conundrum:** It's not unusual for people to lose their car keys. They might leave them in a restaurant or accidentally drop them on the ground. But not many people lose their keys the way Jovino Huerta lost his. Huerta is a political candidate in Huánuco, Peru. While campaigning, he decided to hand out key chains with the phrase, "Vamos Peru!" Unfortunately, in the excitement of meeting people and shaking their hands, Huerta gave his own keys to someone by mistake. He explained his plight on social media, hoping that they would be returned. No word on that yet.

## Quoteable Quotes

"A faithful friend is a strong defense; And he that hath found him hath found a treasure." —Louisa May Alcott

"Beware lest you lose the substance by grasping at the shadow." —Aesop

## What's Happening Rent This Space

Call Gil For Advertising  
 515-975-0054  
 www.CoffeeNewsDesMoines.com  
 Gil@CoffeeNewsDesMoines.com

## Trivia

1. What type of acid is in a lemon?
2. Which whales are called "canaries of the sea"?
3. The art of tie-dyeing became a fashion statement in the 1930s, 1950s, or 1960s?
4. What are Op-Eds that appear primarily in publications?
5. In what major city will you find The Louvre?

(Flip bottom of page for answers)

© Published with Permission by Coffee News® of Des Moines (Over)

Finders Fee Available... Call Gil!

## Win! \$25.00 in CASH!

Find the Coffee News® guy hidden in five of the ads! (Actual Size → (sorry, this one doesn't count))

Enter online at [www.CoffeeNewsDesMoines.com](http://www.CoffeeNewsDesMoines.com)

Provide: Name, Phone Number, Address, E-mail, Age. Where did you pick up Coffee News? What ads did you find the guy in?

One winner will be drawn Weekly. Your information will NOT be shared or sold to anyone.

>> This Weeks Winner: Cathy Morris of Altoona, IA



## NANCYITANI ART

Pet Portraits For December

4x6 Pet Portrait w/ Black Frame Hand Painted

\$45



10% OFF With This Ad Only  
 Additional \$5 for shipping & handling. Provide name/address in text.)



Text 3 Pet Photos & Your Name to 515-991-1197  
 nancyitani@yahoo.com

## TRUCK COVERS All Brands Of Pickup Truck Tonnau Covers!



We Ship Worldwide!



515-422-6032  
 Ankeny, IA 50023  
 Email: jonclaydr@gmail.com  
 www.4covers.com  
 Mon - Fri: 9:00 AM - 4:30 PM

HOME OF THE WOODEN NICKEL

5% Discount With This Ad!



## ASPHALT Hill Bros ASPHALT & CONSTRUCTION CORP



Parking Lots • Driveways  
 Curb Work  
 Seal Coating & Overlays

FREE ESTIMATES!

DES MOINES, IA • LOCALLY OWNED

515-266-2954

www.hillsbrotherasphalt.com



## FABRIC & CRAFT Fabrics & Fun



Come in for your sewing and crafting needs or sign up for a FUN CLASS!

Tues - Thurs: 10am - 5pm  
 Fri - Sat: 10am - 6pm  
 Sun: 11am - 4pm  
 Closed Mon  
 10% OFF With This Ad Only  
 \*Some exclusions apply

515-967-4923  
 550 36th Avenue SW  
 Suite K, Altoona, IA  
 fabricsfun.com

www.facebook.com/FabricsnFun



## Central City LIQUORS



Locally Owned And Operated

515-244-0159  
 1460 2nd Avenue  
 Des Moines IA 50314

www.centralcityliquors.com

Hours: 10am-10pm



## CUMMINGS MOBILITY



- WHEELCHAIR ACCESSIBLE VEHICLES
- SCOOTER LIFTS
- TRANSFER SEATS
- HAND CONTROLS
- WHEELCHAIR VAN RENTALS



515-207-3555  
 2157 NE 58th Ave.  
 Des Moines, IA 50313  
 Check out our inventory online  
 www.cummingsmobility.com

## COLLECTAMANIA

Flea Market • Antiques • Consignment

AUCTION OUTLET OF IOWA

515-261-4550  
 3200 Delaware  
 Des Moines, IA  
 www.collectamaniaia.com  
 Tues-Sun: 10am-7pm  
 www.facebook.com/pages/Collectmania



WEEKLY AUCTIONS EVERY WEDNESDAY AT 6:00 PM

515-288-2709

www.auctionzip.com

Use These Companies!!!



Call Or Stop By These Advertisers And Do Business!

## PEARCE PAVING

515-707-0059  
855-573-2723

- Seal Coating
- Parking Lots
- Driveways
- Streets
- Maintenance
- Design/Remodel/Repair



2815 100TH St. Urbandale, IA

### PLUMBING

**CONTRACTORS PLUMBING, INC.**

**NOW HIRING**  
Equal Opportunity Employer

SCAN ME

515-266-4606  
4377 NE 14th St.  
Des Moines, IA 50313  
www.contractorsplbg.com



Mon-Fri: 7am-4pm • Sat-Sun: Closed  
Hours & Service may vary due to Covid (Please Call)  
Locally Owned & Operated

## The UPS Store

2310 SE Delaware Ave.  
Ankeny, IA 50021  
515-965-8412  
Store4842@theupsstore.com


6750 Westown Pkwy, #200  
West Des Moines, IA 50266  
515-453-8426  
Store2618@theupsstore.com

2643 Beaver Ave.  
Des Moines, IA 50310  
515-277-5001  
Store2597@theupsstore.com

Printing, Packing, Shipping

The UPS store locations offer NOTARY SERVICES to help make life easier.

Print  
Make a lasting impression promoting your business or special event. We've got a wide variety of print products to fit what you're looking for.



Call your local licensed Humana sales agent.

Talk with your local licensed Humana Sales agent today.

515-723-1109 (TTY: 711)

Monday - Friday, 8 a.m. - 5 p.m.



Derek Richards  
drichards8@humana.com

Humana.

Y0040\_GH-HXDFFEN18 Accepted

RESIDENTIAL COMMERCIAL

Call for Service 24/7!  
Service Line: 515.266.9900  
Fax: 515.266.0591  
Office: 515.266.5200

www.ResourceServices.us


- Heating
- Boilers
- Cooling
- Controls
- Plumbing



Christmas Is For Everyday!

Christmas in Stories and Potato Christmas By M. Wayne Clark

Both books can be purchase at Walls of Books, 613 Ankeny Blvd, Ankeny, IA  
Where there is an adventure waiting for you in every book.



BE A HERO IN YOUR COMMUNITY

Recruiting Now!

IOWA ARMY NATIONAL GUARD

We have bonuses up to \$20,000

SSG Ashley Zerwas  
IA-ARNG  
515-321-6957  
ashley.j.zerwas.mil@mail.mil  
www.iowanationalguard.com



PRINTING

**Slick Ink**  
Screenprinting and Graphics

CREATIVE EXPRESSION IN INK!

20% OFF  
First Time Customers  
USE CODE: COFFEE4

515-448-7065  
PO Box 676, Ankeny, IA  
slickink2019@gmail.com  
www.slick4print.com



# Your Weekly Horoscopes

For entertainment purposes only.

## ARIES (March 21 - April 20)



You may be powerfully and emotionally attracted to someone you encounter in a social setting. Your current relationships could intensify. Expect some fireworks! Lucky Numbers: 23, 26, 33, 36, 43, 46.

## TAURUS (April 21 - May 21)



You may be happiest and in the best humor when doing something very creative. You might require help and cooperation from others in order to meet your current goals. Lucky Numbers: 4, 16, 21, 27, 32, 39.

## GEMINI (May 22 - June 21)



Major changes might be successfully begun now. Getting what you really want and moving toward achieving your goals may be very important to you. Lucky Numbers: 7, 13, 24, 33, 43, 44.

## CANCER (June 22 - July 22)



You may have an incredible amount of energy and have enthusiasm to spare. You might launch a new enterprise using your creative visualization for innovative projects. Lucky Numbers: 3, 18, 24, 30, 36, 42.

## LEO (July 23 - Aug. 23)



Physical thrills and excitement may strongly appeal to you. You might want to do something totally out of the ordinary. This could yield mostly positive surprises. Lucky Numbers: 11, 15, 19, 31, 35, 39.

## VIRGO (Aug. 24 - Sept. 23)



You may need to have a heart-to-heart talk with a friend or advisor on matters of personal relationships. You could gain a better appreciation and rapport as a result. Lucky Numbers: 6, 8, 20, 24, 43, 46.

## LIBRA (Sept. 24 - Oct. 23)



Being realistic in your close relationships is essential. Certain people may not really be worth the effort. Face the truth and make the changes that are required. Lucky Numbers: 22, 29, 31, 38, 40, 47.

## SCORPIO (Oct. 24 - Nov. 22)



Try not to overextend yourself as you attempt to advance your personal causes. Don't allow negative comments from others to take away your enthusiasm. Lucky Numbers: 5, 8, 9, 19, 21, 27.

## SAGITTARIUS (Nov. 23 - Dec. 21)



You may be very serious and not very likely to compromise. This intensity might help you push through obstacles and deepen your understanding of others. Lucky Numbers: 1, 22, 28, 30, 42, 46.

## CAPRICORN (Dec. 22 - Jan. 20)



Your mind may function much better for learning than for teaching. Share your enthusiasm, but avoid lecturing others, especially about emotional subjects. Lucky Numbers: 12, 15, 18, 21, 22, 25.

## AQUARIUS (Jan. 21 - Feb. 19)



Your patience and ability to work hard could be prominent. Your concentration may be excellent, and you might be able to focus on accomplishing your ultimate goals. Lucky Numbers: 10, 11, 17, 19, 36, 42.

## PISCES (Feb. 20 - March 20)



Others should not lightly dismiss you. You may likely work with great intensity. Stay on course and you might be able to work your way through any obstacles thrown your way. Lucky Numbers: 2, 4, 12, 24, 42, 44.

Lucky numbers this week: This week's odds favor Virgo winners with the luckiest number being 6.

## Did You Know...

**Preventing sunburn:** The rhinoceros is the second largest land animal, next to the elephant. Living in Africa and Asia, these beasts can get sunburn on their thick skin. That's why they like rolling in the mud.

**Cuts and scrapes:** People often call adhesive bandages "Band-Aids." That term is actually a brand name for the first adhesive wound covering, which was invented in 1920 by Earle Dickson of Johnson and Johnson Company.

**The Force displayed:** Steve Sansweet is known for his collection of Star Wars memorabilia. He has amassed thousands of items, which are on display at the Rancho Obi-Wan museum in Petaluma, California (U.S.).

**Animal cross:** A beefalo is a cross between a cow and a buffalo (also known as bison). Specifically, a beefalo is 37.5% bison. The meat of this animal is touted to have less cholesterol and fat than conventional beef.

**Strong winds:** A cyclone is a strong, spiraling storm that can be destructive. Winds rotate around a midpoint of low pressure. North of the Equator, they spiral counterclockwise, and they spiral clockwise if south of the Equator.

## On the Lighter Side

Guest: "When I made this reservation, I specifically requested a room facing the ocean."

Desk clerk: "Well, you didn't specify which ocean."

There are only three kinds of humans: those that count, and those that can't.

Blessed are they who can laugh at themselves for they shall never cease to be amused.

Consultant: someone who gets \$100 an hour to tell you the same thing your assistant told you last week.

I have a baby car. It goes everywhere with a rattle.

## Answers

4. Opinion pieces 5. Paris, France  
Trivia answers: 1. Citric 2. Beluga whales 3. 1960s

For available franchise opportunities - visit [www.coffeenewsfranchise.com](http://www.coffeenewsfranchise.com)

© Published with Permission by Coffee News® of Des Moines (Over)

Affordable\* Exclusive\* Effective Advertising!

### MATTRESSES

**BoxDrop**  
MATTRESS & FURNITURE DIRECT

Queen Sets Starting at \$150

Box Drop Mattress & More  
Sean & Heather Senarighi  
Call or Text for Available Times  
515-721-5561  
Des Moines, IA  
boxdropdesmoines@hotmail.com  
Like us on Facebook-BoxDrop Des Moines

### HEARING AID

**ASI**  
AUDIOLOGY & HEARING INSTRUMENTS

Hearing instruments that match your lifestyle and daily listening needs with solid results and discreet style.

FREE Hearing Exam!

West Des Moines - Ankeny - Fort Dodge & 27 more locations!  
515-517-2822  
www.asiaudiology.com



DEBORAH L. JOHNSON  
LAW OFFICE P.C.

515-957-9631  
203 1st Ave. S. Suite A, Altoona, IA 50009

15 Years Experience • Free Consultation  
Certified Mediator • Serving Every County  
Reasonable Rates • Locally Owned

DLJ@DLJLAW.COM  
Go to [www.dljlaw.com](http://www.dljlaw.com) for more information.



### POLE BUILDINGS

**LEADING EDGE BUILDERS**  
Leaders in Post Frame Design and Construction

Leaders in Post Frame Design & Construction

Bob Watts • Sales  
H: 515-989-0935  
C: 515-822-3038  
800-622-8324  
bobldg@msn.com

Home Office & Fabrication  
2356 Hwy. 23 S.  
Oskaloosa, IA  
www.tlebia.com



### SPICES & EXTRACTS

**WATKINS**  
Since 1868 TRADE MARK

Carol is a Fantastic Consultant!

CAROL ANN DAVIS  
WATKINS INDEPENDENT CONSULTANT  
515-318-9774



### INDEPENDENT LIVING

Urbandale's Worry-free Retirement Living

**HOLIDAY RETIREMENT**

Award Winning Community!  
Tour today for our limited time offers.  
515-251-4604 • 515-619-6473  
www.illaheehills.com



### FITNESS SHOWGIRL FIT

A Fun & Creative Way To Get Fit

Check our website for Nov & Dec Specials!

Angela Martin  
515-809-0147  
Des Moines & Surrounding Area  
Locally Owned & Operated  
angela@showgirlfit.com  
www.showgirlfit.com



### WE EQUIP SUCCESS

**SUNBELT RENTALS**

At Sunbelt Rentals, we offer a highly-diversified range of equipment and tools to help contractors and homeowners get the job done.

2021 NE Broadway Avenue | Des Moines, IA 50313 | 515-318-6413 | [SUNBELTRENTALS.COM](http://SUNBELTRENTALS.COM)



Use These Companies!!!