

Call Or Stop By These Advertisers And Do Business!

Coffee News Advertising
 Check Out Our Affordable Rates Today!
 Call or Email Gil For Advertising
 515-975-0054
 Gil@CoffeeNewsDesMoines.com
 Visit: www.CoffeeNewsDesmoines.com

HOME HALL'S HOME REPAIR

Professional Experience And Quality Service
 We Transform Your Dreams Into Reality

H Hall's Home Repair and Lawn Care LLC.

- Additions
- Garages
- Basement Remodeling
- Sun Room/Patio
- And More

\$1,500 OFF Labor
 On Projects Of
\$15,000 Or More

Call and schedule an appointment
515-305-5904

Want To Rent **ROW 54**
Quality Farmground **Jensen Farms**

Spread the word to people that own tillable land.
 40-600 acres in Central Iowa
 Phone: 515-480-Farm (3276)

TRAVEL Break Away to Beautiful Places

515-210-2807
 www.mosaicshores.com

MOSAIC SHORES TRAVEL CO.

- Honeymoons
- Romantic Getaways
- Retiree & Empty Nester Travel
- Mother & Daughter Vacations
- Bucket List Vacations
- And More!

We specialize in planning vacations for adults to island and water destinations around the world with an emphasis on smaller, more private, luxury experiences at boutique resorts, all-inclusives, villas, and on ships.
 Complimentary Consultations!

printing faxing mailboxing notarizing copy ing boxing
 packing returning shredding brochuring direct mailing
 and of course shipping and freight ing

2310 SE Delaware Ave.
 Ankeny, IA 50021
 515-965-8412
 Store4842@theupsstore.com

6750 Westown Pkwy, #200
 West Des Moines, IA 50266
 515-453-8426
 Store2618@theupsstore.com

2643 Beaver Ave.
 Des Moines, IA 50310
 515-277-5001
 Store2597@theupsstore.com

The UPS Store

*Access Point

MILITARY MUSEUM **Korean War Exhibit**
 With Jake Chapman

New Flight Simulator!
 Take a virtual flight anywhere in the world.

Sun - Mon: Closed
 Tues - Fri: 9:00 am - 3:00 pm
 Saturday: 10:00 am - 2:00 pm

The Iowa Gold Star Military Museum

515-252-4531
 7105 NW 70th Ave., Johnston, Ia.
 www.goldstarmuseum.iowa.gov

TREE SERVICE

\$100 OFF booked appointments in September
 (Tree removals over \$1600)

HINDMAN TREE SERVICE

FREE ESTIMATES

COMMERCIAL AND RESIDENTIAL TRIMMING AND REMOVAL

CALL OR TEXT: 641-485-9071
 LICENSED & INSURED

CHIROPRACTOR
 Superb Chiropractic Care
 With a Personal Touch

Rooted Family Chiropractic

Dr. Brandon Dolin
 Dr. Annie Clendenen

(515) 664-6147

96 Paine Circle SE, Suite 3
 Bondurant, IA 50035

www.rootedfamilychiropractic.com

Thank You from Coffee News!

FREE! **Coffee News**[®]
 "News to be enjoyed over Coffee"
Ankeny Edition
(515) 975-0054

www.CoffeeNewsDesMoines.com
 Gil@CoffeeNewsDesMoines.com

Volume 13:28 Dec 18, 2023

Everybody's Talking!

Good food: Different regions of the world have their own iconic street foods. In North America, vendors serve hot dogs out of trucks, and in England, hungry folks can usually find a fish-and-chips seller. On the Caribbean island country of Guadeloupe, the most famous street food is *bokit*. It is a sandwich famous for its bread: crispy, delicious, and fried. With this special bread forming the base, what's inside the sandwich is up to the imagination. Common items are saltfish and conch, but can also be chicken, lamb, chickpeas, or whatever else a sandwich maker prefers. Then cooks add accompanying toppings, such as lettuce, cheese, peppers, and various sauces. Sweet versions are eaten as dessert.

Famous cat: Tourist attractions might include castles, parks or amazing architecture, but in one Polish city, a cat named Gacek is a top-rated must-see. The chubby black-and-white feline lives in Szczecin in the northeastern part of the country. Gacek became famous when a post about him spread on social media. Then people started visiting the street where he lives, just to see and pet him. The pampered kitty resides in a wooden box with a roof, which is placed by the door of a shop. The shop's proprietors take care of him, although they do not claim to own him. He has become known as the "King of Kaszubska Street," for good reason!

Mistaken identity: Sleeping on the day he was scheduled to be released didn't pay for an inmate at the Cowlitz County Jail in Longview, Washington (U.S.). That's because his cellmate, Brian Francisco Roman, heard a guard calling the inmate's name. As the inmate was sleeping, Roman sprang into action and pretended to be the soon-to-be-released prisoner. The two men have a similar appearance, so the guard allowed Roman to pick up his cellmate's keys, wallet, and clothes, and walk away from the facility. Prison staff realized the mistake when the cellmate woke up and asked when he could leave. A day later, authorities found Roman and brought him back to his cell.

Lost love: The things people will do for love! Or, to be more accurate, for lost love. One young man in China apparently felt desperate after his girlfriend broke up with him. In a bid to win back her love, he knelt on the sidewalk in front of her workplace in Dazhou City, Sichuan Province. Holding flowers, he stayed there through rain and chill, for an entire day. People walked by him at first, but eventually crowded around to learn his story. Many tried to tell him that if his girlfriend hadn't come out by then, she probably wasn't going to. After 21 hours, the poor fellow finally gave up. Hopefully, his heart will heal soon.

Quoteable Quotes

"Creativity demands nothing less than all you have. Talent alone is never enough."
 —Erica Jong

"Never confuse movement with action."
 —Ernest Hemingway

What's Happening

Des Moines Franchise Areas For Sale!

Love Reading Coffee News?[®]

- Be a publisher!
- Work from home!
- Excellent income!

Opportunities now available in this area.

Coffee News[®]
 "News to enjoy over coffee"

Call Today:
 515-975-0054

Trivia

1. In which country can you find the Cape of Good Hope?
2. An opera solo is an aria, duet, or operetta?
3. The 2006 James Bond movie *Casino Royale* featured this type of poker game.
4. Bats use echolocation to navigate in the dark. Is it similar to sonar or GPS?
5. Membranes that cover openings in infants' skulls are called metatarsals—T/F?

(Flip bottom of page for answers)
 © Published with Permission by Coffee News[®] of Des Moines (Over)

Finders Fee Available... Call Gil!

Win! \$25.00
 in CASH!

Find the Coffee News[®] guy hidden in five of the ads!
 Actual Size → (sorry, this one doesn't count)

Enter online at www.CoffeeNewsDesMoines.com
 Provide: Name, Phone Number, Address, E-mail, Age.
 Where did you pick up Coffee News?
 What ads did you find the guy in?

One winner will be drawn Weekly.
 Your information will NOT be shared or sold to anyone.

>> This Week's Winner: Caroline Riedinger of Urbandale, IA
 Caroline picked up Coffee News at Waveland Cafe!

"Results That Move You!"
 Where Do I Start?

Come visit
 Lisa in her
 Ankeny Office

COLDWELL BANKER MID-AMERICA

Lisa Yegge, Consultant for Real Estate
 Realtor[®] | Educator | Advisor
 515.681.8090
 Lisa@LisaYeggeRealEstate.com
 2425 North Ankeny Boulevard, Ankeny, IA 50023
 www.LYegge.cbdistinctive.com

NOW HIRING Specializing in Agricultural, Commercial and Industrial Electrical Contracting

Vision
 ELECTRIC & PLUMBING

SCAN ME

(515) 957-9370
 2163 NW 111th St.
 Clive, IA

NOW HIRING
 APPRENTICES AND JOURNEYMAN
 APPLY TODAY!

www.VisionElectricUS.com

INSURANCE
 MEDICARE - SUPPLEMENT
 HEALTH - LIFE - NURSING HOME

- Cancer - Dental - Prescription Drug

KATHLEEN SMITH
 Licensed Independent Insurance Agent
 515.710.4151
 Kathy@AllAboutAPlan.com
 www.AllAboutAPlan.com
 6911 Vista Drive, WDM, IA

IA & NE Lic. #8592159 CO Lic. #530854

PET SUPPLY Tropical Fish - Our Specialty

AQUALAND PETS PLUS Since 1973

Amphibians • Frogs • Birds • Animals

Michael Jensen, Owner
 515-283-0300
 3600 6th Ave., (Corner of 6th & Euclid)
 Des Moines, IA 50313
 aqualandpetsplus.net
 Mon - Thur: 10:00 am - 9:00 pm
 Fri, Sat: 10:00 am - 8:00 pm • Sun: 10:00 am - 6:00 pm

COLLECTAMANIA
 FLEA MARKET • ANTIQUES • CONSIGNMENT

WEEKLY AUCTIONS EVERY WEDNESDAY AT 8:00 AM

515-283-2709
 www.auctionzip.com

515-261-4550
 3200 Delaware
 Des Moines, IA
 www.collectmaniaia.com
 Tues-Sun: 10am-7pm
 www.facebook.com/pages/Collectmania

PLUMBING If there's something strange in your drain or sewer, who you gonna call?

CLOG BUSTERS
 DRAIN CLEANING & REPAIR

515-981-2564 • 3950 Vandalia Rd, Des Moines
 service@clogbuster.net • clogbustersdsm.com

Busting Clogs The Professional Way

This Space
FOR RENT
 but not for long!

515-975-0054

Use These Companies!!!

Call Or Stop By These Advertisers And Do Business!

Warm wishes to you and your family this Holiday Season!



From the Coffee News® Family!

ROOFING

HUTCH UNLIMITED
Roofing • Siding • Gutters

Call For A FREE Estimate!

(515) 313-7355
Grimes, IA
www.hutchunlimited.com

HOME ACCESSIBILITY

Next Day Access

HOME ACCESSIBILITY PRODUCTS
We Sell And Install
Stairlifts, Wheelchair Ramps,
Walk In Showers & More!

515-318-2059
www.nextdayaccess.com/des-moines-ia

VERO HEALTH CENTER

Are you tired of living with...

- Neuropathy
- Knee Pain
- Back or Neck Pain
- Low Energy

VERO HEALTH CENTER CAN HELP WITH NO DRUGS AND NO SURGERY!

CALL NOW: 515-949-VERO (8376)

HVAC

CLEAN & CLEAR
PLUMBING • HEATING • COOLING

We Repair, Replace and Install
All Makes and Models of Plumbing,
Heating and Cooling Products

24 Hour Service
Servicing Polk - Warren-Dallas Counties

515-745-9983
www.cleanandcleariowa.com

THIS SPACE FOR RENT

Call 515-975-0054

Christmas SALE

EB AT MERLE HAY MALL

INSIDE MERLE HAY MALL
3800 MERLE HAY RD.
SUITE 500, DSM IA

HOME BUYER

We buy houses fast in Des Moines and the surrounding area!
Sell your house FAST for CASH today!

WE BUY HOUSES IN DES MOINES

Call Us: 515-775-SELL
webuyhouses.com

Your Weekly Horoscopes

For entertainment purposes only.

ARIES
(March 20 - April 19)



Be aware of being too aggressive or impulsive in what you say, especially at midweek. Remember that the holidays can bring up negative triggers for those in your orbit. Lucky numbers: 5, 12, 16, 19, 34, 36.

TAURUS
(April 20 - May 20)



Things may be somewhat chaotic and in flux this week. You may be tempted to resist this change. Perhaps instead consider making an adjustment to better navigate the waves. Lucky numbers: 4, 9, 16, 25, 33, 46.

GEMINI
(May 21 - June 20)



For the next few months, your focus may turn to how you can be of service to others. This could take you back over old territory in ways you might not expect. Lucky numbers: 1, 26, 27, 28, 31, 41.

CANCER
(June 21 - July 21)



You are approaching the six-month mark since your birthday. Did you initiate a new plan then? Are you making progress, or do you perhaps need to adjust it now? Lucky numbers: 9, 15, 16, 25, 26, 44.

LEO
(July 22 - Aug. 22)



At midweek, you may run into challenges to what you are trying to accomplish. Adjusting your view of the situation to look for new options could help resolve the issue. Lucky numbers: 7, 10, 23, 30, 35, 37.

VIRGO
(Aug. 23 - Sept. 22)



You may feel confused or out of sorts early this week. Take a deep breath and wait a few days. When this energy passes, you might feel back to normal. Lucky numbers: 10, 14, 23, 35, 36, 41.

LIBRA
(Sept. 23 - Oct. 22)



Libras usually go out of their way to be considerate of others. However, if you find at midweek that you are angry at someone, then stop and ask yourself why. Lucky numbers: 8, 10, 15, 34, 36, 45.

SCORPIO
(Oct. 23 - Nov. 21)



Scorpios often have an intensity of personality that is stressful to maintain. Regular moments of decompression are helpful. An opportunity may be available to you for a few days at midweek. Lucky numbers: 3, 6, 13, 19, 29, 31.

SAGITTARIUS
(Nov. 22 - Dec. 20)



This week may be a good time to actively seek an opportunity to put your unique stamp onto an endeavor. Just be careful not to overpromise on results. Lucky numbers: 15, 17, 18, 27, 35, 43.

CAPRICORN
(Dec. 21 - Jan. 19)



Now may be a good time to set goals for the next year. But first, work to release any old beliefs or behavior patterns that might no longer work for you. Lucky numbers: 6, 10, 11, 12, 28, 30.

AQUARIUS
(Jan. 20 - Feb. 18)



A life theme for many Aquarians is aiding their fellow humans. Now may be a good time to seek an opportunity to develop practical ideas to manifest your goals. Lucky numbers: 7, 25, 37, 46, 47, 48.

PISCES
(Feb. 19 - March 19)



A significant aspect continues that can help restructure your Pisces nature to be more effective in the mundane world. How can you make progress on such efforts this week? Lucky numbers: 2, 4, 7, 23, 35, 36.

Lucky numbers this week: This week's odds favor Capricorn winners with the luckiest number being 11.

Did You Know...

Big bird: After the ostrich, the emu is the largest living bird, averaging over 1.75 meters (5.7 ft.) tall. Now found only in Australia, this flightless bird travels widely, looking for plants and insects to eat.

Swimming holes: Cenotes are large limestone sinkholes filled with ground or rainwater. Mexico's Yucatán Peninsula has several thousand, in open air and in caves. Some are peaceful and intriguing places to hang out.

Capital cities: The cities that are U.S. state capitals are sometimes unexpected. For example, the capital of New York is Albany, not New York City. And the capital of California is not Los Angeles, but Sacramento.

Taking flight: The sugar glider is a wee possum of Australia and southeast Asia. Named after its favored food and its ability to glide between trees, the animal uses a membrane, called a patagium, that stretches between its wrists and ankles.

Wondrous road: Norway's 8.27 km (5.14 mi.) Atlanterhavsveien (Atlantic Road) connects Averøya Island to the mainland over a series of islets. Drivers encounter eight bridges, including the spectacular Storseisundet Bridge.

On the Lighter Side

A guy got a universal remote. He said, "This changes everything!"

Son: "Dad can you lend me some money?"
Dad: "Yes, but remember a fool and his money are soon parted."
Son: "Yes, I just figured that out."

Knock! Knock! Who's there? Pasta. Pasta who? Past the salt and pepper, please.

Where does a power cord go shopping? The outlet mall.

Basketball players are so well-rested because taller people sleep longer.

Answers

Trivia answers: 1. South Africa 2. Arta 3. Texas Hold'em 4. Sonar 5. False

For available franchise opportunities - visit www.coffeenewsfranchise.com

© Published with Permission by Coffee News® of Des Moines (Over)

Affordable* Exclusive* Effective Advertising!

Join Us!

Izaak Walton League's Des Moines Chapter
Tuesday evenings for great dinners, programs and more...check out our website for current programs and learn how to become a member or rent our facility for your event.

1922 2022
A Century of Conservation Leadership

https://desmoines-ikes.com https://www.facebook.com/DesMoinesIkes

(515) 244-3773
4343 George Flagg Parkway, Des Moines, IA

THIS SPACE FOR RENT

Call 515-975-0054

STORAGE A MODERN STORAGE FACILITY

Dino's Storage
Where your stuff's in our doghouse so you're not.

- Monthly rentals
- Ability to store ATVs, mowers, cars, trucks, motorcycles
- Secured property
- Complimentary moving truck
- Moving & packing supplies
- Automatic coded entry

3 LOCATIONS BONDURANT
DES MOINES (2ND AVE.), DES MOINES (SE 14TH ST.)
Bondurant@Dinosstorage.com | www.DinosStorage.com

PETSAKES® PET GROOMING

Stop in and visit our Take advantage of our Pet Grooming Rewards Program and get your 11th service for FREE!

Altoona
301 8th Street SW
ph# 515-967-1555
Hours: M-F 8-6pm, Sat 8-5pm, Sun 8-3pm

Des Moines
1575 E. Euclid Ave
ph# 515-633-9446
Hours: M-F 8-6pm, Sat 8-5pm, Sun Closed

Visit us online!
petsakes.com
Help Wanted!

ATTORNEY DEBORAH L. JOHNSON LAW OFFICE P.C.

Reliable Responsible Communicative

515-957-9631
203 1st AVE S SUITE A
ALTOONA, IA 50009

www.DLJLAW.com
DLJ@DLJLAW.COM

KEELING SERVICES
YOUR HOME EXTERIOR PROS

Free Estimates Veteran Owned & Operated

- STONE VENEER
- ROOFING/SIDING
- SEAMLESS GUTTERS
- LEAF PROTECTION
- SOFFIT & FASCIA
- WINDOWS & DOORS
- DECKS

JOSH KEELING
515-422-7850
Josh@Keelingservices.com
www.Keelingservices.com
3190 SE 64th St. Pleasant Hill, IA 50327

THIS SPACE FOR RENT

Call 515-975-0054

HERBALIFE

Nutrition for Your Best Life

Robert Hellstern Contact Me Today To Get Started!
515-963-2424
healthyu@hellsterngroup.com
hellsterngroup.goherbalife.com

Use These Companies!!!

Thank You from Coffee News!